Worship Resource for Sunday April 19

For those connecting through Zoom

This resource is for those who wish to join in with others who are Worshipping at Home through Zoom. A separate resource is available for those who wish to Worship at Home in their own time.

The service starts on page 3. First, let's get ready.

Preparing for Worship

Prepare your **meal** and your **space**.



Each week during the Easter season (which runs right up to Pentecost) we'll share our worship time together over a meal or snack.

Gathering around a computer or screen can feel 'less than holy'. These spaces are usually for work time or relaxing time. So, in order to make this an intentionally sacred space, here are a few ideas:

• Gather at your kitchen or dining table, with a laptop or tablet or a printout of this resource if you can. This allows you to participate with one another with space for your food and for you to write and colour. If you are unable to gather at a larger table, use a smaller, dedicated surface.

• In the middle of your table, place a candle and matches, your worry stone (see below), your Bible, a journal or paper to write on and something to write with.

• There is also a colouring in page. Print one of these out and have some colour pencils or textas ready. Throughout worship time, you will hear or read the word "heart" again and again. To focus on the heart of the matter, colour or doodle in a heart each time you hear the word "heart."

• During this time when we are not able to worship in our church building, you might like to keep this home worship space set up throughout this time to remind you of God's constant presence in our lives.

Your meal could be your breakfast or a light snack with a cuppa or juice. If it is warm, keep it covered as we won't start eating until part way through the service.



Worry Stone

Throughout the Season of Easter, we invite you to use a "worry stone," or we could call it a "heart stone" which is a stone you carry about with you to rub when you are feeling anxious or worried. We encourage you to use your stone used in Easter services or find the one you took home at the beginning of Lent. Find some time to paint or draw a heart on it. (*I noticed that Target has a rock painting kit:* <u>https://www.target.com.au/p/metallic-rock-painting/62059749</u>) Your worry stone will remind you of the angel's message, later repeated by Jesus, "Do not be afraid!".

Connecting to Zoom

If you would like to join in and have not used Zoom before, we recommend that you get yourself set up before Sunday. Here are a few things you can do to prepare:

You will either need a laptop, a tablet, a smartphone or a computer with a microphone, speakers and a webcam. If you are using a smartphone or tablet, download the Zoom app.

If you haven't used Zoom before, you might like to have a practice run. Contact a family member or a friend in our church community and try it out! It is free to have a group chat for up to 40 minutes. A great way to connect with your family and friends.

Paul Driver has offered to provide support and practice if you need it. Give him a call on 0428 161 918.

To **Join the Zoom Meeting**, click on this link at 9.15am on Sunday (so we are all ready to start at 9.30am):

https://us02web.zoom.us/j/354705010?pwd=UDZhTGNORi9TRjJ0ei9vOE5qRTBjdz09

or enter this Meeting ID: 354 705 010 and this Password: 020658 (copy these details down if you are using a device where you can't access your email)

Zoom Hints

If there are two or more of you in the one household, we recommend that you share the same device (that way we can fit more folk on our screens)

If you need to be on separate devices, it will work better if you are in separate rooms (so you don't get feedback)

Think about the light in your room. If there is too much light behind you, your face will be in shadow

Check that your camera is set up so we can see your face.

If you are using a tablet or smart phone and the volume is not loud enough, consider connecting to an external speaker if available.

During most of the worship time, your microphone will be muted. Remember in discussion or response times, when you make noises or chat at your end, your microphone will pick this up and override what everyone else is listening to. Please use your Mute button if you need to chat or cough at your end during this time.

We have attached a guide that you might find helpful too.

Praising God

Do you want to **vote for the song** we dance to in the *Easter Season Dance Party* toward the end of the service? We'll be choosing between 2 songs:

Lord of the Dance (a different version to last week: <u>https://www.youtube.com/watch?v=0neg_axOslk</u>)

Or Cat Steven's Peace Train (https://www.youtube.com/watch?v=vjUyM_xd6IA_)



Have a listen, decide on your preference, then **vote here**: <u>https://www.surveymonkey.com/r/TCLYVW2</u>

Voting closes at 9am on Sunday

Worship

This service is adapted from resources from www.worshipdesignstudio.com/series by Dr. Marcia McFee and Rev Cheryl Wilson. Other sources are acknowledged within the text below.

9.30am Gather at your table with your meal and all the elements needed for worship ready to go as we join together in Worship at Home.

Spend Time

Centering Our Hearts as One

We are going to centre our hearts as one to begin.

Hear this assurance from God: Be still, O heart, you're not alone, your beat is shared with me. Come now, and calm, and centre here, you're mine, secure and free.

Light candle

Break Bread

Blessing the Meal

Breaking Open the Word with Scripture

Scriptures: Acts 2: 24-28, Psalm 16: 5-11

Listen

We will listen to the song Beautiful Things. Here are the lyrics:

All this pain I wonder if I'll ever find my way I wonder if my life could really change At all

All this earth Could all that is lost ever be found Could a garden come up from this ground At all



We offer a prayer of letting go: Into your care, we offer now, our worries, fears and strife. We turn to you and know you're near– Your light, our love and life.

> You make beautiful things You make beautiful things out of the dust You make beautiful things You make beautiful things out of us

All around Hope is springing up from this old ground Out of chaos life is being found In You

You make me new You are making me new You make me new You are making me new

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Scripture: John 20:19-31

Reflection (Dean Pearce)

Listen

We will listen to the song I Will Trust in You. Here are the lyrics

When I can't see You I know You're here When I can't feel You I will not fear I will trust in You and I will not be afraid

And when the battle is close at hand I know You're with me to help me stand I will trust in You and I will not be afraid

> I will not be afraid I will not be afraid I will trust in You I will trust in You

And when the darkness is closing in And I am running against the wind I will trust in You and I will not be afraid

'Cause when I'm standing upon that shore And all the battles they have gone before I will trust in You and I will not be afraid

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Prayer of Confession

Words of Assurance

The good news of Easter is that amidst darkness and despair and death, Christ brings the hope of new possibilities, a new way of being, for us and for the whole world. Our sins are forgiven: Thanks be to God!

Respond

Take some time at your table to talk or journal.

Complete this sentence: "I see Peace (in/when/where)_____."

Breaking Open Our Hearts with Prayer

Offering



Praise God!

Let's start with this affirmation:

We know Jesus is present among us even in this very home. We will not let fear be louder than love but with glad hearts and rejoicing souls, we will sing God's praise for we are Easter People! Let's choose to dance with joy!

Listen, Sing or Dance!

Let's see which song got the highest vote! (see page 2)

Have Goodwill - Spread Joy

What message does the world need?

Heartfelt Goodwill through "Hugs"

You might like to send a virtual hug through email or text a message to someone who may be in need of one. Contact a member of the Pastoral Care Oversight Team (see newsletter) if you would like ideas of who in our church is homebound or in need of a virtual hug right now.

Or, using a long piece of paper (or a few pieces glued together), trace your hands and arms. Cut out a heart and write a message of hope, joy, peace, or love, then glue the arms and hands to it to create a "hug."

Sending physical mail is a little risky right now because surfaces can carry germs, so take picture of your "hugs" and send the photos digitally to anyone who may need a hug.



Benediction

Keen for more dancing?

Click here to dance with Meghan Trainor: https://www.youtube.com/watch?v=pkCyfBibIbI



Spreading Joy

For those of you who are on social media, please take a photo of your lit candle and post it online. #churchconnected #churchscattered #churchungathered **Athelstone Uniting Church Prayer and Worship Resource**

Further Worship Ideas

Here are some more ways that you can connect with God's Word:

- The Synod of South Australia has published a full list of online congregations and resources. <u>https://sa.uca.org.au/documents/resources-board/Being-the-Church-in-Ungathered-Times.pdf</u>
- The Assembly are live-streaming services: <u>https://assembly.uca.org.au/news/item/3158-livestreaming-on-assembly-platforms</u>
- Morialta Uniting Church have a weekly worship service on YouTube. Click here for more information: <u>http://www.morialtauca.org.au/virtual-church/</u>
- Pilgrim Uniting Church Services for 9.30am and 11am are now live streamed here: <u>https://pilgrim.org.au/services/index.php</u>
- Tune in to radio station 1079 Life *Together on Life*, Sunday 10am. Join 1079 Life's Kit for music and a message or two from great local pastors each Sunday. <u>https://1079life.com/</u>
- Songs of Praise a TV show with inspiring hymns and songs, together with uplifting stories of faith from around the UK and beyond is available on ABC TV and ABC iview Here is the Easter Sunday program: <u>https://iview.abc.net.au/show/songs-of-praise-eastersunday</u>
- "A Sermon For Every Sunday" website has produced a worship service outline to use with others at home. Click here for a link to the resource. It also includes a link to sermons to listen to: https://mailchi.mp/asermonforeverysunday/this-weeks-sermon-1744145?e=e9aed2be77

Worship and other Creative Ideas for Children and Families

- The Worshipping with Children Ministry site has newly posted resources for Children's worship at home. <u>https://worshipingwithchildren.blogspot.com/2020/04/worshiping-at-home-on-april-19-2020.html</u>
- Have you gone for a bear hunt in the neighbourhood yet? Can you pray for the homes that you pass as you go?

