

## Stay and Play @ Home Programme

Term 2 2020

Theme: “International Year of Plant Health-Save the plants, save the planet”

“Family, like branches on a tree, we all grow in different directions yet our roots remain as one.”

| Week 2<br>19 <sup>th</sup> May                                    | <u>Ngaieri</u> (fresh air).....  | Plants make oxygen, people need oxygen   |   |
|---|--|--|---|
|   | Activity   | Equipment  | Explanation   |
| <b>Open up<br/>Set up</b>   | Kaurna welcome<br>“ <u>Niina marni</u> ” (you good)  |  | Remember the emphasis on <u>1<sup>st</sup></u> and <u>3<sup>rd</sup></u> syllables. Children love new words/sounds so have a go!  |
| <b>Activity 1</b><br><i>FineMotor/Playdough</i>                   | Plant a forest   | Herbal playdough, twigs, leaves  | Add dried herbs to playdough. Collect twigs etc from garden   |
| <b>Activity 2</b><br><i>Fine Motor/Craft</i>                      | Use your air and blow<br><br>Make a paper plate kite   | Ping pong /cotton balls/Autumn leaves, ice cream containers/boxes, tape, table<br><br>Sticks, crepe streamers/ribbons, paper plates, tape<br>Google: paper plate kite kix cereal | Tape containers/boxes to table so tops are flush with table. Blow balls/Autumn leaves across table and into containers. Cut centre circle from plate. Tape streamers to one third of plate. Make a hole opposite streamers, insert stick and tape securely. Hold stick and run! |
| <b>Activity 3</b><br>Sensory/Social<br>Out door/nature activities | Let’s read!<br>Blow and paint<br><br>Catch the fresh air or blow your own air and make bubbles | Library books, mat, pillows<br>Thin paint/sauce bottles, straws, paper<br><br>Trays, bubble mixture/wands  | Read a book in your own cosy corner<br>Squeeze paint onto paper. Use straws to blow paint across paper.<br>Bubble mix: 1 cup GOOD detergent, 30ml glycerine, 2l water   |
| <b>Activity 4</b><br><i>Gross motor/Social</i>                    | Build a healthy city<br>Run with your kite<br><br>Relax in the wardli                          | Blocks, cars/trucks, people, trees<br>Obstacles<br><br>Picnic rug,/tarp, sleeping bag  | Use leafy twigs with playdough for trees. Use chairs, boxes etc as obstacles down your driveway and run with your kite!<br>Relax and watch the clouds in your wardli  |
| <b>Activity 5</b><br><i>Snack</i>                                 | Make a kite  | String, fresh fruit-rock melon, watermelon, pineapple, blueberries. (Attached is pdf of a Woolworths “fresh food kids” recipe)   | Cut rock/watermelon slices into triangles to make diamond. Thread blueberries and pineapple pieces onto a string for tail.  |
| <b>Activity 6</b><br><i>Story/Music</i>                           | Songs “Up in our balloon”<br><br>Story   | Balloons, blanket<br>Google: Up, Up, Up !-You Tube<br>“Where the forest meets the sea” by Jeannie Baker  | Toss your balloons in a blanket while you sing<br>Where the forest meets the sea - Jeannie Baker- You Tube (Opah’s Corner)  |

(compiled by Joy Stewart)