



Face to Face

Looking oneself in the mirror is one way of expressing the honesty required in coming face to face with truth in our lives. *Draw a reflection of yourself in the face above.*

It was not easy for Jacob to return home and have to face his brother Esau, after so many years away, and it was not easy leaving Haran. But with God, Jacob found a way.

Write down issues that you are wrestling/struggling with – even wrestling with God about – in your life. These might be specific decisions or spiritual struggles or struggles that you are experiencing with other people.

Reflect on ways that God helps us with hard things and is with us in the struggle, and how we can bring our struggles to God.

I pray to you, God, because you will help me. Listen and answer my prayer! (Psalm 17:6 CEV)