

Frozen Yogurt Bark

Ingredients

500g / 2 cups Greek yogurt 2 tbsp honey 1 tbsp cranberries 1 tbsp raisins

Toppings:

- 5 fresh strawberries, chopped
- 1 tbsp dark chocolate chips
- 1 tsp desiccated coconut

INSTRUCTIONS

- Mix the yogurt and honey together until well combined. Add the cranberries and raisins and stir.
- Line a baking tray with foil and pour the yogurt mixture on top. Spread it depending on how thick or thin you want your bark to be. Mine was approx 1 cm thick.
- Sprinkle the strawberries, chocolate chips and desiccated coconut on top and place in the freezer for 2-4 hours or until it is completely frozen.
- Remove from the freezer and use a sharp knife to break the bark into pieces. The bark can be stored in the freezer in food bags.

Experiment with your own ingredients