## Stay and Play @ Home Programme

## Term 1 2021

## Theme: International Year of Peace and Trust – Sense the peace.

See the peace

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| **Tuesday**  **2nd February** | Ngana ngai?  Who am I? | Ngai nari……  My name is…. | Main source for Kaurna is “Kulurdu Marni Ngathaitya! Sounds Good to Me!” written for Kaurna Warra Pintyanthi by Rob Amery and Jane Simpson 2013 |
|  | **Activity** | **Equipment** | **Explanation** |
| **Introduction** | Kaurna welcome  “Niina marni” (you good) | Some words have been accessed on English-Kaurna Warra Dictionary Online Free Translation | Remember the emphasis on 1st and 3rd syllables. Children love new words/sounds so have a go! |
| **Activity 1**  *Fine Motor/Play dough* | This is me (with Kaurna body parts) | Playdough/clay, natural or man-made materials, pdf | Create yourself in playdough or clay. Name your body parts. Try the Kaurna too! |
| **Activity 2**  *Fine Motor/Craft* | Make an “I Spy” looking glass | Cardboard plate, cellophane, cardboard roll, scissors, sticky tape. | Cut centre from plate. Cover with cellophane. Add a cardboard roll handle. |
| **Activity 3**  Sensory/ Social  Out door/nature activities | Let’s read!  Paint yourself on a mirror  Paint with water on chalk    Be a scuba diver  Make yourself with sticks and stones  Make mud men | Library books, mat, pillows  Paint/brushes, mirror  Chalk, bucket of water, brush  Paddling pool/ basin/bath, straws, tape, sinkable toys/stones, bubble bath optional  Sand tray, sticks and stones and other natural materials  Old pots/spoons, water, soil, natural materials, trays | Set up your own cosy corner.  Look in the mirror and paint yourself.  Using side of chalk, cover board with chalk, then paint yourself with water.  Tape straws together, then blow bubbles. Encourage child to put face in water to blow bubbles and catch “fish” stones.  Dampen sand. Create yourself in the sand with natural materials.  Play in the wirra wardli or make your own sand/mud kitchen |
| **Activity 4**  *Gross motor/Social* | Hide and play “Peepo”  Body rolls | Furniture, blanket or outside in garden.  Blanket or gym mat | Try hiding with a body part exposed.  Roll like a sausage. Roll like a ball. |
| **Activity 5** *Snack* | Make a food face (with Kaurna parts) | Bread/rice cracker, spread, pineapple, blue berries, strawberries, apple, pdf | Prepare snack, using foods of your choice. Name the parts before you eat! |
| **Activity 6**  *Story/Music* | Song (traditional)  Story | “Heads and shoulders”  “Peepo” by Janet and Allan Ahlberg | Try the Kaurna (see playdough and snack) Peepo - Janet and Allan Ahlberg. Read by Christine Antrichan…You Tube |
|  | (compiled by Joy Stewart) |  |  |