



Ephesians

Daily Readings

Week Five

Athelstone Uniting Church

We have a heart for connecting:
with God, our community, our world and each other.

Greetings Athelstonians!

We are in Week 5 of slowly reading through Paul's letter to the churches in Ephesus (July 11- August 28).

In this resource you will find brief daily readings and space to journal, using the SOAP method.

You might choose to engage with the readings daily or a few times a week. Feel free to adapt this resource as much as you like.

For your information, the following videos provide an introduction to Ephesians:

BibleDex: <https://youtu.be/l7QE5l3XbF8>

BibleProject: <https://youtu.be/Y71r-T98E2Q>

The Bible Effect: <https://youtu.be/6FfIE2jS7-k>

Rick Steve: <https://youtu.be/mvPCtrZ1K00>

Blessings,

Rev Linda Driver

August 2021

Reading Your Bible with SOAP!

SOAP is a helpful way to read and reflect on a Bible passage



S for SCRIPTURE: *(TELL ME)*

Take your time reading today's scripture in the 3 translations provided. Allow God to speak to you. Next, look for a verse that particularly spoke to you. Write it down. Feel free to make it a work of art.



O for OBSERVATION: *(SHOW ME)*

What is God saying to you in this scripture? Ask the Holy Spirit to teach you and reveal Jesus to you. Be curious!

If you want to go deeper, research the passage further. Look up meanings in the original Greek or Hebrew. Consider who the author is addressing and the cultural context at the time it was written.

Bible Hub has some helpful tools for this: <https://biblehub.com/>

Write the scripture in your own words.



A for APPLICATION: *(HELP ME)*

How does the scripture apply to your life right now? Perhaps it is instruction, encouragement, revelation, or correction. Write down how it applies to you today.



P for PRAYER: *(LET ME)*

This can be as simple as asking God to help you use this scripture, or it may be a greater insight on what God may be revealing to you. Remember, prayer is a two way conversation, so be sure to listen to what God has to say! Spend some time in silent contemplation. Write down the words that come.

Ephesians 4:25-28

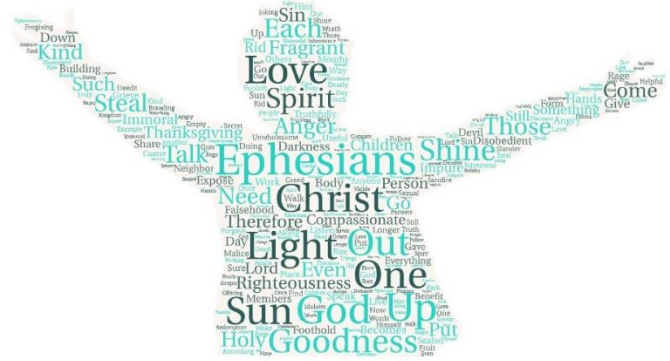
Scripture

Observation

Application

Prayer

Day 2



Ephesians 4:29-31

New International Version

²⁹ Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen. ³⁰ And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. ³¹ Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice.

The Message

²⁹ Watch the way you talk. Let nothing foul or dirty come out of your mouth. Say only what helps, each word a gift. ³⁰ Don't grieve God. Don't break his heart. His Holy Spirit, moving and breathing in you, is the most intimate part of your life, making you fit for himself. Don't take such a gift for granted. ³¹ Make a clean break with all cutting, backbiting, profane talk.

The Inclusive Bible

²⁹ Be on your guard against foul talk. Say only what will build others up at that moment. Say only what will give grace to your listeners. ³⁰ Don't grieve the Holy Spirit of God, with whom you were sealed for the day of redemption. ³¹ Get rid of all bitterness, all rage and anger, all harsh words, slander and malice of every kind.

Ephesians 4:29-31

Scripture

Observation

Application

Prayer

Ephesians 4:32-5:2

Scripture

Observation

Application

Prayer

Ephesians 5:3-7

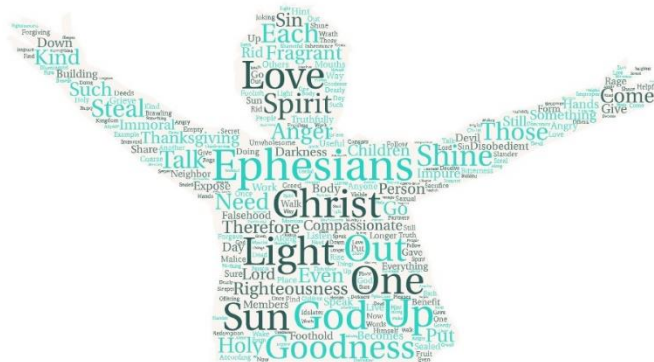
Scripture

Observation

Application

Prayer

Day 5



Ephesians 5:8-12

New International Version

⁸ For you were once darkness, but now you are light in the Lord. Live as children of light ⁹ (for the fruit of the light consists in all goodness, righteousness and truth) ¹⁰ and find out what pleases the Lord.

¹¹ Have nothing to do with the fruitless deeds of darkness, but rather expose them. ¹² It is shameful even to mention what the disobedient do in secret.

The Message

⁸⁻¹⁰ You groped your way through that murk once, but no longer. You're out in the open now. The bright light of Christ makes your way plain. So no more stumbling around. Get on with it! The good, the right, the true—these are the actions appropriate for daylight hours. Figure out what will please Christ, and then do it.

¹¹⁻¹⁶ Don't waste your time on useless work, mere busywork, the barren pursuits of darkness. Expose these things for the sham they are. It's a scandal when people waste their lives on things they must do in the darkness where no one will see.

The Inclusive Bible

⁸ There was a time when you were darkness, but now you are light in Christ. Live as children of the light.

⁹ Light produces every kind of goodness, justice and truth. ¹⁰ Be correct in your judgment of what pleases our Saviour. ¹¹ Take no part in deeds done in darkness, which bear no fruit; rather, expose them. ¹² It's shameful even to mention the things these people do in secret;

Ephesians 5:8-12

Scripture

Observation

Application

Prayer

Ephesians 5:13-14

Scripture

Observation

Application

Prayer

