



Minister: Rev Do Young Kim

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Do Young's day off is Friday

Sunday 11th August 2024

Welcome to worship at Athelstone! Our preacher this morning is Rev Do Young Kim.

You can also join us for Messy Church TODAY at 4 - 6 pm.



A note from Rev Do Young

"If you ever feel useless just remember that someone is a lifeguard at the Olympics swimming event." During the 2024 Paris Olympics, lifeguards were once again stationed at the swimming events, just as in previous Olympics. A photo of a lifeguard at the 2016 Rio Olympics swimming event became widely circulated online, along with the caption: **"If you ever feel useless just remember that someone is a lifeguard at the Olympics swimming event."** The image, which shows a lifeguard seemingly bored and out of place, raised many questions about their necessity but also sparked humour. However, the placement of lifeguards at Olympic swimming events is in accordance with World Aquatics (WA) regulations. Surely, the World Aquatics Federation wouldn't assign lifeguards without reason.



In fact, they are well aware that even top-class swimmers sometimes require assistance. In a sport that pushes the human body to its limits, it's not uncommon for swimmers to suffer from heart attacks, sudden muscle cramps, or even come close to drowning. There have even been instances of swimmers knocking themselves unconscious by hitting the pool wall during a hurried turn.

Lifeguards are there to pull swimmers out of the water and administer CPR if needed. These highly trained professionals remain vigilant throughout the competition. This brings up an interesting question: Wouldn't it be quicker for other swimmers to assist in an emergency? The truth is that during a race where every 0.1 second counts, competitors are too focused on their own lanes to notice anything else. Even swimmers waiting for their turn would struggle to decide whether or not to jump in and help, potentially losing the golden window of time to save a life. There's a reason why lifeguards are stationed at these events, even when the athletes seem almost superhuman.

Watching this photo, I was reminded of a profound truth: God, much like those lifeguards, is always by our side, though we often ignore or forget His presence. The Bible assures us that God is constantly watching over us and is always ready to help when we are in danger.

Hebrews 13:5 reminds us of God's promise: **"Never will I leave you; never will I forsake you."** Though we may not always feel His assistance or remember that He is with us, God is constantly playing a vital role in our lives. Unlike the lifeguard in the Olympic swimming event, who might appear bored or unnecessary, God is tirelessly at work on our behalf, day and night. Just because we don't always feel His presence, or because we might try to take the lead in our own lives, we should never ignore or underestimate Him. When we finally experience His touch in moments of crisis, we realize just how essential He is. Rest assured, God never makes mistakes, and He never takes us lightly.

As we go about our daily lives, may we remember the constancy of God's presence and the depth of His love for us. Let us be grateful for His unfailing care and strive to be more aware of His work in our lives and the lives of those around us.

In His eternal love, Do Young

Messy Church!



Join us for Messy Church **TODAY, Sunday August 11th at 4-6 pm.**

Our theme is "Jesus is a Superhero!"

What to expect at Messy Church:

- ❖ Fun for all ages - from grandparents to little ones
- ❖ Creative activities exploring Bible stories through art, crafts, and more
- ❖ A welcoming atmosphere for everyone, even if you're new to church
- ❖ Delicious food and fellowship
- ❖ Learning Christian values through enjoyable activities

Messy Church is more than just a gathering. It's a special space where families can laugh, learn, and grow together in faith. We'll experience Bible stories in fresh ways through arts and crafts, enjoy meals together, and engage in meaningful conversations.

Worship Online or at Home

If you wish to join in our online Zoom service on Sunday mornings at 9.30am, you can view the service as it is Happening, using the link below:

<https://us02web.zoom.us/j/88191652947?pwd=M1pMZCtXY2FGOENtaGN3M3EwcVh6Zz09>

Alternatively, enter this Meeting ID: 881 9165 2947 and pass code: 7777

Services are recorded each week. To request a copy please contact the church office.

If you are away or not able to connect with us on zoom you might find the Worship at Home resource a helpful alternative to use. This self-guided resource has been prepared by Rev Cheryl Wilson of Ascot Park Uniting and can be accessed each week at the following link: <https://sa.uca.org.au/worship-at-home/>

UPCOMING EVENTS

Save the Date!

Athelstone UC is holding a Family Dinner and Social Evening on Friday 6th September commencing 6.30 pm.

Family and Friends are welcome. Please save the date. Further information will follow.

NOTICES FOR MEMBERS

Newsletter – Change in timing for article submission

Next week's newsletter will be covering the following two weeks. So please submit any newsletter articles for Sunday 25th August & Sunday 1st September to the church office no later than Wednesday August 14. Thank you.

Another Lovely Concert

Dave & Shelley & Lynton invite you to our next lovely concert. Please see ticketing instructions on the booking page of this newsletter or one of us for personal help. Part proceeds in aid of Guide Dogs SA/NT, sponsoring the training of eyes & friendship for the visually impaired. We hope to see you there! PS some of our more elderly members are looking for transport assistance. Please see Lynton if you are able to help.

Prayer Requests

Can we support you in prayer? Here is how:

Prayer Chain - send an email to, or call Brenton Summers, who will pass your prayer request on to a group of people who faithfully pray in response to Prayer Chain emails.

Confidential Prayers - If the issue is more personal, you are invited to contact Rev Do Young Kim for individual prayer or one the members of the Pastoral Care Oversight team (Lee O'Connell, Brenton Summers, Ann Brown and Bob Stevenson). All prayer requests going to the team will be kept strictly confidential within this team.

Prayers for Others (Sunday Worship) - If you have something you would like to be included, please let Brenton Summers know. "We are all called to pray for one another, and so we are all encouraged to offer to pray for, or with others, especially if they share a concern with you." (James 5:13-16).

Offering

Why do we give? We give to support the ministry and mission of the Church. We give in response to all that God has done for us. Giving is an act of worship.

How much do we give? We give, as we are able. Pray for wisdom on how generously you are called to give. "Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver." (2 Corinthians 9:7 NIV)

How do we give? Regular electronic giving and one-off donations can be made using the following details:

Account name: Athelstone Uniting Church Account BSB: 704 095 Account number: 110043

Application forms for setting up regular e giving through UC e-give are available at <https://ucinvest.com.au/forms-and-information#page=page-1>. Cash Offerings are received on Sunday mornings in the Offering Box on the Giving Table. Contact Glen Luestner for more information.

MISSIONS

Here are just some of our ongoing mission projects at Athelstone UC:

Uniting Communities	Please keep bringing in your donations and let us fill the giving table
Aussie Bread tags for Wheelchairs	Bring your plastic bread tags to church to support this charity. You will find a container on the giving table. Please be sure to check your bread tags are plastic. You can do this by folding the bread tag. Cardboard bread tags bend, whilst plastics tags snap when folded. Cardboard tags can go in your green bin. <u>The charity can only use plastic tags.</u>
Sally Stamp	Bring stamps to the office or giving table to help with this ministry

CONNECT GROUPS

Wirra – Watch and Wonder

Did you know that 30th July was International Day of Friendship?

Why not visit the wirra with a friend to explore or just sit and talk. Maybe search for an S.A. Rock, post it on their facebook site and make a new friend when you discover who has painted it. Read the details of how all ages can get involved in S.A. Rocks on the wall by The Nook in the wirra and start painting and spotting rocks, learning new skills and making new friends as well.



Connect Groups

At Athelstone Uniting Church, we encourage everyone to find ways to find connections within our church community. Here are some of the Connect Groups you might consider joining.

Connect Group	When/Where	Contact
Book Club	1 st & 3 rd Tues of the month at 9.00am Indigo Espresso Cafe Current book series: 'The Kindness Revolution' by Hugh Mackay.	Office
Threads	2 nd & 4 th Tues of the month at 2-4 pm in Indigo Espresso Café	Office
Triple Cs – Men's Group	2 nd Wed of the month at 10.30 am. Venues vary.	Ray Walter
TOFs Fellowship Group	1 st Tues of the month. 2 – 4pm. Venues vary.	Sheralyn Robertson

WIDER CHURCH

Harmony & Art

Spicer Uniting Church is having a Harmony and Art afternoon on Saturday August 24th.

An enjoyable afternoon of music and art celebrating the creative talents in the Spicer Uniting Church community. . Hear Spicer's pipe organ and instrumental music; Explore the art and craft display; Delicious Devonshire tea included; Proceeds to the organ maintenance fund.

Contact 08 8362 3771 E: office@spicer.org.au

Tickets available at the door: \$15 adult, \$10 concession, Children Free, \$25 family (2 adults and children)

CMLA – Equipping Worship Leaders

On September 6 and 7, the Centre for Music, Liturgy and the Arts is hosting two great learning events for worship leaders, preachers and musicians at Uniting College and Adelaide West UC.

Saturday 7th September is a day of input, inspiration, ideas and skill development. Keynote input from Rev Dr Stephen Burns from Melbourne titled "The congregation is not an audience." Three sets of electives covering a wide range of topics – new music, Advent and Christmas resources, making Bible readings come alive, copyright in the digital age, leading online church, and more. The program runs 9.30am - 4.00pm.

For more info go to : <https://www.cmla.org.au/events/sing-a-new-song-program-6-7-september/>

Friday 6 September is an evening lecture and panel conversation on "*Post-colonial Worship in Australia*" by Stephen Burns. This will provide important and challenging perspectives on how we worship in this land at this time in history. This is planned as an interdenominational event. 7.30-9.00pm at the Uniting College campus, Brooklyn Park. Details in the link above.

Wider Church News - Links

Uniting Church in Australia: <https://uniting.church/>

Uniting Church in South Australia: <https://sa.uca.org.au/>

To receive SA UC E-News personally, subscribe at <https://sa.uca.org.au/uc-e-news/>

The New Times is available online at <https://sa.uca.org.au/new-times/new-times-print-edition/>

Wimala Presbytery website: <https://wimala.ucasa.org.au/>

Frontier News: <https://frontierservices.org/news-media/our-resources/frontier-news/>

CHURCH BUILDING – BOOKINGS

Special Event or changes/additions to regular bookings or location are highlighted in **bold**.

Day	Time	Location	Hirer/User
Saturday 10 August	9.30 – 12.30 pm	Auditorium	Waratah Calisthenics
Saturday 10 August	9.00 – 11.30 am	Lower Hall	Gain Momentum Pilates
Monday 12 August	4.45 – 6.45 pm	Auditorium	Waratah Calisthenics
Monday 12 August	6.30 – 8.30 pm	Lower Hall	Gain Momentum Pilates
Tuesday 13 August	9.30 – 11.30 am	Lower Hall	Gain Momentum Pilates
Tuesday 13 August	6.30 – 8.30 pm	Auditorium	Waratah Calisthenics
Wednesday 14 August	9.30 – 10.30 am	Lower Hall	Gain Momentum Pilates
Thursday 15 August	6.30 – 8.30 pm	Lower Hall	Gain Momentum Pilates
Thursday 15 August	7.00 – 8.00 pm	Auditorium	Worship Practice
Mon, Wed, Fri	9.00 – 3.00 pm	Top Hall	Australian General Practice Network

Athelstone Uniting Church acknowledges the Kurna people whom God placed as the traditional custodians of the country on which our church stands. We pay our respects to them for their care of the land

The Metropolitan Male Choir of SA
2024 Variety Concert

Sunday
 25 August
 2:00pm

Choral Favourites—Showtunes, Popular,
 Folk, Classical and Sacred
 40-piece Orchestra
 Samantha Li, Piano—2024 Scholarship
 First Prize Winner

Tickets: \$25-\$45
mmcsa.org/events
 Or call 0401 204 634
 or use QR code:

Norwood Concert Hall

Part Proceeds Support Guide Dogs SA/NT!

SUNDAY MORNING WORSHIP ROSTER

2024		Sun/11/Aug	Sun/18/Aug
Preaching & Liturgy	Worship Leader	Jeff Dry	Lynton Nicholas
	Preacher	Do Young Kim	Do Young Kim
	Pray with Preacher	Glen Luestner	Jennifer Clark
	Notices	Lee O'Connell	Don Brown
	Bible Reader	Noel Maywald	Ann Tubb
Music Team	Piano / Keyboard	Shelley Walker	Di Curtis
	Singers	Janet Luestner	Shelley Walker
		Jean Richardson	Friederike Ashby-Weiss
		Jeanine Dry	Ann Brown
	Guitar	Chris Pritchard	Chris Pritchard
	Bass / 2nd Guitar	Shelley Walker	
Drums / Percussion	Glen Luestner		
Technical	Sound Desk	Noel Maywald	Don Brown
	Data Operator	David Walker	David Walker
	Zoom Production	Tara Shirlock	Paul Howland
Communion	Preparation	—	—
	Servers / Helpers	—	—
Engagement	Flowers	Jenny Riggall	Di Curtis
	Door Greeters	Jenny Riggall	Jean Richardson
		David Riggall	Stella Waugh
Administration	Building Steward	Richard Read	Paul Howland
	Chair Stewards	Janet Luestner	Paul Howland
		Glen Luestner	Bernie O'Hara
	Tick and Flick	Brenton Summers	Brenton Summers
	Count Offering	Friederike Ashby-Weiss	Paul Howland
Sylvia Maywald		Don Brown	

If you cannot take your turn, please swap with someone, or if late notice contact the worship leader or Rev Do Young Kim for that service as appropriate. Thank you.

Athelstone Uniting Church Postal Address: PO Box 307, Athelstone, And SA 5076: **Office Hours:** Tues/Thurs: 9.30am – 12.30pm:
Office Phone: (08) 8336 9905: **Office Email:** office@athelstonechurch.org.au : **Web:** athelstonechurch.org.au
Newsletter Items: Please submit to the office by Wednesdays at 5 pm for next newsletter.