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Do Young's day off is Friday

## Newsletter – 2<sup>nd</sup> & 9<sup>th</sup> February 2025

We welcome you to worship at Athelstone! Our preacher is Rev Do Young Kim.

### **A NOTE FROM DO YOUNG**

#### **Lunar New Year, “Tteokguk”, and the Gift of Growing Older (or Younger?)**

Happy New Year! Yes, I know—we have already said this once. However, since January 29 marks the Lunar New Year (Seollal), I'd like to extend my greetings once again. In Korea, we celebrate both the solar New Year (January 1) and the Lunar New Year (following the lunar calendar), which means we get to say “*Happy New Year*” twice! A nice little bonus, isn't it?

One of the most cherished traditions of Seollal is gathering with family to enjoy a special dish called “**Tteokguk**”. This warm and comforting soup is made with thinly sliced rice cakes and is eaten as the first meal of the year. The white colour of the rice cakes symbolizes purity, and their round shape represents good health and longevity. However, **Tteokguk** carries another unique meaning—it is said that eating a bowl of **Tteokguk** traditionally adds one more year to your age! Every year around this time, I find myself longing for the food my mum used to make.

As a child, I was convinced that if I ate two or three bowls of **Tteokguk**, I would instantly age two or three years! But every year, as we sat around the table, my father would take the first spoonful and sigh, “*Ah... another year older.*” I always wondered, “*Why is that a bad thing? I love getting older!*”

In traditional Korean culture, age is counted differently than in many Western countries. Instead of waiting for a birthday to grow a year older, everyone's age increases together on Lunar New Year. And it gets even more interesting—Korean babies are considered one year old at birth. So, if a baby is born on December 31, they would turn two years old the very next day!

But here's the fun part—all Korean people get an incredible gift when they arrive in Australia. The moment their plane lands, they become younger! Since the Western age system counts only the actual number of years since birth, a Korean who was 30 in Korea suddenly becomes 28 or 29 in Australia.

But beyond these numbers, what does it truly mean to grow older? Is it just about adding years, or is there something deeper to reflect on?

The Bible teaches us that growing older is not just about counting birthdays but about growing in wisdom and faith: **“Teach us to number our days, that we may gain a heart of wisdom.” (Psalm 90:12)**

Each passing year is an opportunity to mature, to deepen our faith, and to grow in love for God and one another. Instead of simply counting the years, we are invited to reflect on how we are using our time to live with purpose and gratitude.

So this Lunar New Year, as I sip my **Tteokguk**, I'll try not to sigh about getting older. Instead, I'll ask myself:

*“How can I grow in love and wisdom this year?”*

*“How can I live out God's calling more fully?”*

And one day, I would love the opportunity to share a bowl of **Tteokguk** with you all and celebrate this tradition together. I'm sure we'll find a chance, won't we? I'm not trying to add another year to your age! I simply want to share in the wisdom you've gathered, reflect on our journey with God, and celebrate hope together.

Wishing you a blessed and joyful Lunar New Year!

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Please be aware that our worship services are live streamed on ZOOM so if you are not comfortable in having your image captured then we encourage you to sit in the back row of the church in front of the creative tables.

## **WORSHIP**

### **Worship Online or at Home**

If you wish to join in our online Zoom service on Sunday mornings at 9.30am, you can view the service as it is Happening, using the link below:

<https://us02web.zoom.us/j/88191652947?pwd=M1pMZCtXY2FGOENtaGN3M3EwcVh6Zz09>

Alternatively, enter this Meeting ID: 881 9165 2947 and pass code: 7777

Services are recorded each week. To request a copy please contact the church office.

If you are away or not able to connect with us on zoom you might find the Worship at Home resource a helpful alternative to use. This self-guided resource has been prepared by Rev Cheryl Wilson of Ascot Park Uniting and can be accessed each week at the following link: <https://sa.uca.org.au/worship-at-home/>

## **CONGREGATIONAL MEETING**

### **Annual General Meeting**

Church Council wishes to advise all members of Athelstone Uniting Church that we will be holding our **AGM on Sunday 16 March 2025 at 10.45am**. All groups need to submit their 2024 annual reports for the AGM.

Please submit these to Carol in the office ASAP if you have not done so yet.

There are up to three vacancies for Council to be filled, so we ask you to prayerfully consider whether this is for you and if you would like to nominate or nominate another member from the Congregation.

Other vacancies will be Secretary of Congregation and Presbytery Representative.

Nomination forms are available in the foyer and once completed, please place in the box next to the offering box. Nominations close on Sunday 23 February 2025.

If you have any queries please contact Allan Amber (Chairperson of Church Council) 0418 833 026 or Jeff Dry (Chairperson of Church Council) 0408 254 489.

*Jayne Nicholas*

*Secretary Church Congregation*

## **OFFICE**

### **Office Hours**

Please note that Carol will be attending a family event interstate between 31 Jan and 9 Feb so that's why this newsletter covers two Sundays (articles were due by 29 Jan). The office is still open but you may wish to send a quick message to Do Young first if you want to pop-in, just to check he hasn't popped out to attend a meeting or pastoral visit. Articles and Notices for inclusion in the 16 Feb Newsletter can be emailed to the office at [office@athelstonechurch.org.au](mailto:office@athelstonechurch.org.au) by Wed 12 Feb, 5 pm as per usual.

## **MISSIONS**

### **Bread tags for Wheelchairs**

The supply of plastic bread tags, and thus, those being donated to church, has declined significantly since laws preventing single use plastics in SA are now well in place. Hence, we will stop collecting them here. If you find you still have some, you can still donate them at a very close collection point: The JD Brew Coffee Shop located at 84 Gorge Road, Newton (and why not grab a coffee at the same time!).

## Missions

Here are just some of our other ongoing mission projects at Athelstone UC:

Uniting Communities	Please keep bringing in your donations and let us fill the giving table
Sally Stamp	Bring stamps to the office or giving table to help with this ministry.

## CONNECT GROUPS

At Athelstone Uniting Church, we encourage everyone to find ways to find connections within our church community. Here are some of the Connect Groups you might consider joining.

Connect Group	When/Where	Contact
Book Club	1 <sup>st</sup> & 3 <sup>rd</sup> Tues of the month at 9.30am, Indigo Espresso Cafe. Starting on 4 <sup>th</sup> Feb 2025.	Office
Sunday Nights	6 pm. Venue varies each week.	Melissa O'Hara/Robyn Fry
Threads	2 <sup>nd</sup> & 4 <sup>th</sup> Tues of the month, 2-4 pm, Indigo Espresso Café	Office
Triple Cs – Men's Group	2 <sup>nd</sup> Wed of the month at 10.30 am. Venues vary. Next gathering will be Feb 2025.	Ray Walter
TOFs Fellowship Group	1 <sup>st</sup> Tues of the month. 2 – 4pm. Venues vary.	Sheralyn Robertson

## Triple C's

Triple C's resumes on **Wednesday 12 Feb @1030hrs** at Fine Foods Cucina Meredith Street Newton.

After the break in January there should be plenty of Chaps, Coffee and Chat as we enter our 8th year!

*Regards Ray*

## Wirra – Watch and Wonder

Warlati, Summer has arrived and so has 2025.

Check out the new display on the noticeboard and learn how the Kaurna moved to the coast, just as many of us enjoy the beach in this season, but there's still plenty happening in the wirra. Kooki and Bluejay keep moving, S.A.Rocks and library books come and go with many children exploring the space during school holidays.

One enthusiastic little helper assisted us in picking up the heavy fall of bark.

(Photo Credit: J & B Stewart)

*Joy and Bruce Stewart*



## NOTICES FOR MEMBERS

### 2025 UCA Calendars

Some 2025 Uniting Church SA Calendars are still available (on the giving table). Please take one if you would like one.

## Worship Rosters

The new worship rosters for March, April and May 2025 will be prepared in February. If you would like to volunteer to assist with worship please let the office know. Worship Volunteers can submit any unavailable times ahead of the rostering for this period by Monday 10<sup>th</sup> February.

Please remember to include your preferences or unavailability for Easter services (Good Friday 18 April; Easter Sunday 20 April).

You can enter your own unavailability directly into Elvanto at any time as per instructions below, or send an email to the office email address.

Instructions for entering your unavailability using Elvanto:

1. Log in to Elvanto
2. Go to your My Profile page and then click on the unavailability sidebar.
3. Once there, simply select the range of dates and times that you will be unavailable, and click 'Submit'.
4. Your upcoming unavailability will appear in a table on the page.

To remove a unavailability, select the upcoming unavailable times that you are now available for (by clicking on their check boxes), and select 'Delete' in the drop-down menu that appears at the top of the table once you've selected something. To perform the delete on all selected times click the 'Perform Mass Manage' button.

As always, please contact the office if you would like a login to Elvanto, or you need admin to reset your passwords.

## Time for your Preserves

Grant has been busy in the kitchen over December and January. He has preserved some of our apricots and turned others into jam. He made plum jam from one lot of our fruit. He made some chutney with bulk tomatoes. He picked peaches off the Armstrong's tree and preserved them.

All of these will be available at church this Sunday 2<sup>nd</sup> February. Please bring some coins to donate to the Packing Day provision of new underwear for the settlements in the Northern Territory.

Thanking you in advance, Friederike

## Inner Wheel Movie Fundraiser

Inviting all to attend the screening of the movie: Bridget Jones, Mad About the Boy, at the Regal Theatre, Kensington Road, on **Sunday February 16<sup>th</sup>, at 2:00pm**. Tickets at \$15 are available from Sylvia Maywald or Jayne Nicholas.

Tickets can also be purchased in the foyer on the day. There will be some great raffle prizes, with tickets a mere \$5.

This movie fundraiser is hosted by the Inner Wheel Club of Tea Tree Gully, which several of our congregation are members of. Funds raised go to the HAS Foundation, which supports families with terminally ill children.

Hope to see you there with your friends and families!

## Prayer Requests

Can we support you in prayer? Here is how:

Prayer Chain - send an email to, or call Brenton Summers, who will pass your prayer request on to a group of people who faithfully pray in response to Prayer Chain emails.

Confidential Prayers - If the issue is more personal, you are invited to contact Rev Do Young Kim for individual prayer or one the members of the Pastoral Care Oversight team (Lee O'Connell, Brenton Summers, Ann Brown and Bob Stevenson). All prayer requests going to the team will be kept strictly confidential within this team.

Prayers for Others (Sunday Worship) - If you have something you would like to be included, please let Brenton Summers know. "We are all called to pray for one another, and so we are all encouraged to offer to pray for, or with others, especially if they share a concern with you." (James 5:13-16).

## **Offering**

Why do we give? We give to support the ministry and mission of the Church. We give in response to all that God has done for us. Giving is an act of worship. How much do we give? We give, as we are able. Pray for wisdom on how generously you are called to give. "Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver." (2 Corinthians 9:7 NIV) How do we give? Regular electronic giving and one-off donations can be made using the following details: Account name: Athelstone Uniting Church Account BSB: 704 095 Account number: 110043

Application forms for setting up regular e giving through UC e-give are available at <https://ucinvest.com.au/forms-and-information#page=page-1>. Cash Offerings are received on Sunday mornings in the Offering Box on the Giving Table. Contact Glen Luestner for more information

## **WIDER CHURCH**

### **Wider Church News - Links**

Uniting Church in Australia: <https://uniting.church/>

Uniting Church in South Australia: <https://sa.uca.org.au/>

To receive SA UC E-News personally, subscribe at <https://sa.uca.org.au/uc-e-news/>

The New Times is available online at <https://sa.uca.org.au/new-times/new-times-print-edition/>

Wimala Presbytery website: <https://wimala.ucasa.org.au/>

Frontier News: <https://frontierservices.org/news-media/our-resources/frontier-news/>

## CHURCH BUILDING BOOKINGS

Special Event or changes/additions to regular bookings or location are highlighted in **bold**.

Day	Time	Location	Hirer/User
<b>Monday 3 &amp; 10 Feb</b>	<b>10.30 – 11.30 am</b>	<b>Lower Hall</b>	<b>Gain Momentum Pilates</b>
Monday 3 & 10 Feb	4.45 – 6.45 pm	Auditorium	Waratah Calisthenics
Monday 3 & 10 Feb	6.30 – 8.30 pm	Lower Hall	Gain Momentum Pilates
Tuesday 4 & 11 Feb	9.30 – 11.30 am	Lower Hall	Gain Momentum Pilates
Tuesday 4 & 11 Feb	6.30 – 8.30 pm	Auditorium	Waratah Calisthenics
Wednesday 5 & 12 Feb	9.30 – 10.30 am	Lower Hall	Gain Momentum Pilates
Thursday 6 & 13 Feb	6.30 – 8.30 pm	Lower Hall	Gain Momentum Pilates
Thursday 6 & 13 Feb	7.00 – 8.00 pm	Auditorium	Worship Practice
Saturday 8 & 15 Feb	9.00 – 11.00 am	Lower Hall	Gain Momentum Pilates
Saturday 8 & 15 Feb	9.30 – 12.00 pm	Auditorium	Waratah Calisthenics
Mon, Wed, Fri	9.00 – 3.00 pm	Top Hall	Australian General Practice Network

Athelstone Uniting Church acknowledges the Kurna people whom God placed as the traditional custodians of the country on which our church stands. We pay our respects to them for their care of the land

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**Athelstone Uniting Church Postal Address:** PO Box 307, Athelstone, SA 5076:

**Office Hours:** Tues/Thurs: 9.30am – 12.30pm: **Office Phone:** (08) 8336 9905: **Office Email:**  
[office@athelstonechurch.org.au](mailto:office@athelstonechurch.org.au) : **Web:** [athelstonechurch.org.au](http://athelstonechurch.org.au)

**Newsletter Items:** Please submit to the office by Wednesdays at 5 pm for next newsletter.

## SUNDAY MORNING WORSHIP ROSTER

If you cannot take your turn, please swap with someone, or if late notice contact the worship leader or Rev Do Young Kim for that service as appropriate. Thank you.

<b>2025</b>		<b>Sun/2/Feb</b>	<b>Sun/9/Feb</b>	<b>Sun/16/Feb</b>
<b>Preaching &amp; Liturgy</b>	Worship Leader	Lynton Nicholas	David Walker	Jeff Dry
	Preacher	Do Young Kim	Do Young Kim	Do Young Kim
	Pray with Preacher	Jeff Dry	Robyn Fry	Glen Luestner
	Notices	Lee O'Connell	Don Brown	Sylvia Maywald
	Bible Reader	Ray Walter	Ann Brown	Noel Maywald
<b>Music Team</b>	Piano / Keyboard	Shelley Walker	Shelley Walker	Celine Leslie
	Singers	Jeff Dry	Ann Brown	Janet Luestner
		Jeanine Dry	Eric Hurrell	Allan Amber
		Friederike Ashby-Weiss	Sylvia Maywald	Jeanine Dry
	Guitar	Chris Pritchard	Chris Pritchard	Chris Pritchard
	Bass / 2nd Guitar	Scott Tilley	Scott Tilley	Shelley Walker
Drums / Percussion			Glen Luestner	
<b>Technical</b>	Sound Desk	Don Brown	Noel Maywald	Don Brown
	Data Operator	David Walker	Samantha Walker	David Walker
	Zoom Production	Paul Howland	Tara Shirlock	Graham Jennings
<b>Communion</b>	Preparation	Friederike Ashby-Weiss	—	
	Servers / Helpers	Ros Howland	—	
		Lee O'Connell	—	
<b>Engagement</b>	Flowers	Carole Walter	Marie Hickman	Mignon Martin
	Door Greeters	Ray Walter	Lynton Nicholas	Gus Robin
		Carole Walter	Jayne Nicholas	Jan Robin
<b>Administration</b>	Building Steward	Paul Howland	Eric Hurrell	Paul Howland
	Chair Stewards	Jeff Dry	Bernie O'Hara	Sharon Tilley
		Paul Howland	John Armstrong	Scott Tilley
	Tick and Flick	Brenton Summers	Brenton Summers	Brenton Summers
	Count Offering	Ray Walter	Don Brown	Glen Luestner
Paul Howland		Lynton Nicholas	Sylvia Maywald	